



Maandag 14 november 2022

5.1.2e

# Untire®

**Product Naam** Untire  
**Manufacturer** Tired of Cancer BV  
**Product** App voor iOS en Android  
**Device type** Software – App  
**Doel** Verminderen vermoeidheid (CRF) en verhogen levenskwaliteit (QoL) bij (ex)kankerpatiënten  
**Classification** CE Mark Class I - Medical Device Directive 93/42/EEC  
**ISO Certificering** ISO 9001/27001 (ISO 13485 vanaf 2023)

**Subsidie** Horizon 2020 SME Phase II  
**Vergoeding** Business case markt specifiek. Werk in uitvoering in Nederland.

**Talen** Nederlands, Engels en Duits (Spaans vanaf 2023)  
**Actief** Nederland, Duitsland, Verenigd Koninkrijk, USA en vanaf 2023 Latijns-Amerika  
**Aantal gebruikers** 35.000+ (waarvan 25.000 in Nederland)

**App stores** Play Store 4,3 Apple Store 4,5  
**ORCHA** 1 van de 5 beste oncologische apps ter wereld (uit totaal van N > 3.000)  
**Kenniscentrum Digitale Zorg ZN** Geslaagd voor de toetsing  
**Internationale RCT studie met 799 deelnemers** Untire leidt tot significante afname CRF en toename QoL



Medical device directive  
93/42/EEG LDI-DI:  
8720299218000



Tired of Cancer is ISO 9001:2015  
and ISO/IEC 27001:2013 certified.



This project has received funding  
from the European Union's  
Horizon 2020 research and  
innovation programme under  
grant agreement No. 756641.



Untire is approved by the NHS  
and listed in the NHS App Library.



In 2021 Untire is listed by ORCHA  
as 1 of the 5 best Cancer Apps  
worldwide (out of 3.200 apps)

# Untire-Covid<sup>®</sup>

**Product Naam** Untire-Covid  
**Manufacturer** Tired of Cancer BV  
**Product** App voor iOS en Android  
**Device type** Software – App  
**Doel** Verminderen long-covid klachten en verhogen QoL bij (ex)Covid-patiënten

**Classification** CE Mark Class I - Medical Device Regulation (2017/745 MDR)  
**ISO Certificering** ISO 9001/27001 (ISO 13485 vanaf 2023)

**Talen** Nederlands  
**Aantal gebruikers** Ongeveer 300 covid gebruikers van Untire versie

- Waarom nu een Untire-Covid versie**
- Long-Covid is een ernstige aandoening bij een grote groep Nederlandse Covid patiënten (naar schatting tenminste 1 miljoen)
  - Zeer invaliderend probleem
  - Hulpverleners staan vaak met lege handen
  - Duidelijke aanwijzingen dat Untire adequate oplossing kan bieden.
  - Kwalitatieve studie Universiteit van Linz bij Post-Covid Syndrome patiënten (Untire beste app tegen vermoeidheid uit totaal van N=41)
  - Bewezen effectieve methode overdraagbaar

**Belangstelling** Long-Covid patiënten, medisch specialisten, huisartsen, C-Support



# Untire-Covid programma



**Tip van de dag**  
 Tips om onderbouwd je gemoedstoestand te verbeteren



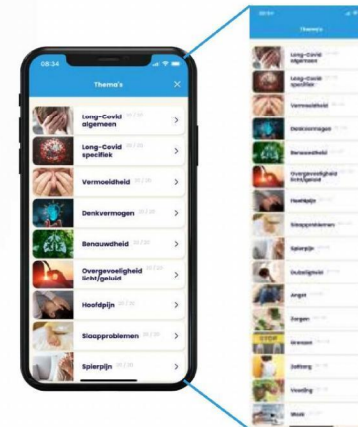
**Ontspannen**  
 Uiteenlopende oefeningen om tot rust te komen: ademhaling, ontspanning, meditatie



**Bewegen**  
 1. Managen van je energie  
 2. Opbouwen kracht  
 3. Opbouwen conditie



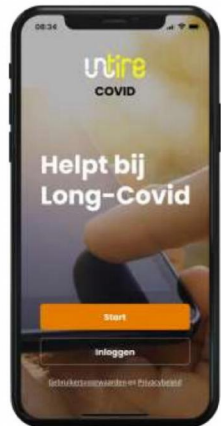
**Thema's**  
 Informatie over alle voor long-covid patiënten relevante thema's. Educatief en therapeutisch



# Untire-Covid App



# Tired of Cancer (ToC) en VWS



Ministerie van  
Volksgezondheid,  
Welzijn en Sport



- Samen ontwrichtend maatschappelijk probleem aanpakken door inzet van digitale zorg
- Bieden van Passende Zorg. Aansluitend op uitgangspunten digitale zorg van het Integraal Zorg Akkoord (IZA)
- ToC biedt hiervoor als basis een van de vijf beste oncologische apps ter wereld
- VWS vergoedt ontwikkeling Untire-Covid versie en distributie
- ToC garandeert kwaliteit inhoud, veiligheid en privacy



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# Tired of Cancer (ToC) en VWS © 2022



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