

Contactonderzoek: volledig gevaccineerde contacten?

Nu steeds meer mensen gevaccineerd zijn op de eilanden met een mRNA vaccin, en deze vaccinaties zeer goed lijken te beschermen tegen (asymptomatische) infectie en waarschijnlijk ook tegen verdere verspreiding, is het goed te kijken in hoeverre quarantaine en test-maatregelen voor volledig gevaccineerde contacten van een COVID19 patient aangepast kunnen/moeten worden.

Huidige LCI richtlijn:

- Huisgenoten: 10 dagen vanaf laatste contactmoment strikte quarantaine (te verkorten tot 5 indien negatieve PCR of AG tests op dag 5)
- Overige nauwe contacten: 10 dagen semi-quarantaine (te verkorten tot 5 indien negatieve PCR of AG tests op dag 5)
- Overige contacten: alert op klachten. Testen op dag 5.

Er is nog geen OMT advies over aanpassingen van het BCO voor gevaccineerden.

Adviezen van enkele grote instituten:

- CDC: [Interim Public Health Recommendations for Fully Vaccinated People | CDC](#) (May 13, 2021)
 - Fully vaccinated people can:
 - **Refrain from testing** following a known exposure, if asymptomatic, with some exceptions for specific settings
 - **Refrain from quarantine** following a known exposure if asymptomatic.
 - In healthcare settings is het advies dat patienten/bewoners nog steeds in quarantaine gaan na blootstelling [Updated Healthcare Infection Prevention and Control Recommendations in Response to COVID-19 Vaccination | CDC](#)
- ECDC: [Interim guidance on the benefits of full vaccination against COVID-19 for transmission and implications for non-pharmaceutical interventions \(europa.eu\)](#) (April 21 2021)
 - When contact tracing, **vaccinated contacts who have been exposed to a confirmed case should continue to be managed according to existing ECDC guidance. However, health authorities may consider undertaking a risk assessment on a case-by-case basis and subsequently classify some fully vaccinated contacts as low-risk contacts.** Factors that need to be taken into consideration in such assessments include, for example, the local epidemiological situation in terms of circulating variants, the type of vaccine received, and the age of the contact. The risk of onward transmission to vulnerable persons by the contact should also be considered.
- NHS: [Stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection - GOV.UK \(www.gov.uk\)](#) (May 19, 2021)
 - **Household members who have received one or more doses of COVID-19 vaccine**
While COVID-19 vaccines have been shown to reduce the likelihood of severe illness for those who have received them, we do not yet know for certain by how much they reduce the likelihood of a vaccinated person spreading COVID-19 to others. Therefore,

even if a person has been vaccinated, there is still a risk they could catch COVID-19 and spread it to other people.

If someone in your household has symptoms of COVID-19 or has received a positive test result, your **household members must still self-isolate even if they have received one or more doses of COVID-19 vaccine**. Following all the guidance on this page will reduce the risk of spreading infection and help to protect other people outside of your household.

- WHO: [Contact tracing in the context of COVID-19 \(who.int\)](#) (February 16 2021)
 - Studies are underway to assess the degree to which new variants of SARS-CoV-2 may vary in transmissibility or severity or impact the efficacy of vaccines and treatments or the accuracy of diagnostic tests. As the evidence comes in, **countries should continue to prioritize case investigation, contact tracing and quarantine** to limit further spread of variants of concern.

Voorstel voor IHR Carib:

- Volledig gevaccineerde contacten van een COVID19 patient hoeven niet langer in quarantaine, tenzij:
 - Het contact woont of werkt met kwetsbare personen (definitie?: niet gevaccineerde personen met een medische indicatie of niet gevaccineerde ouderen, of gevaccineerde personen met een ernstige immunstoornis)
- Volledig gevaccineerde contacten van een COVID19 patient worden getest op dag 5 na laatste blootstelling