

Onderstaande mail is verstuurd naar de niet Nederlandse flixbus passagiers.

Misschien als format voor een volgende ronde ook handig *

From: LCI Voorwacht

Sent: vrijdag 7 augustus 2020 11:40

Subject: Close contact of a person with coronavirus

Dear Sir or Madam,

You are a contact of someone with coronavirus. A person that tested positive for COVID-19 took the Flixbus on 31.07.2020 from Lyon to Amsterdam. This information is send to all passengers of the bus, since there were no seat reservations and it is therefore not possible to only inform the passengers who sat next to the person with COVID-19. We received your e-mail address from Flixbus. If you had a fellow traveler, with a ticket booked through your email address, please forward this email to this person.

This letter contains important information for you. As you are at risk of becoming sick up to 14 days after the last contact with this person, you will have to remain home and self-isolate till the 13th of August.

In this letter we give you **two guidelines**. Please follow these guidelines until 14 days after the last time you might have been in contact with the person with coronavirus. It is important that you follow these guidelines. This prevents the virus from spreading further and people around you from getting coronavirus. This is especially important for people who are 70 years of age or older or people who are extra vulnerable to this disease for other reasons.

Dutch Guide Lines

1. Pay attention to symptoms

- Be aware of any symptoms you may have. For example a runny nose, cough, or a fever.
- If you experience any symptoms, contact your GP or the local health authorities. They will test you for coronavirus if necessary. Until the test results are known, you must remain at home. You may not have any contact with other people. Maybe you are seriously ill or in need of medical assistance. **Do not visit your GP or the hospital, but call the GP's office instead.**

2. Ensure good personal hygiene

- Wash your hands regularly with soap and water. Always do this after coughing and sneezing, after going to the toilet, after cleaning or cleaning up, and before meals.
- Use a paper tissue for coughing. If you do not have a paper tissue at hand, cough into the crook of your elbow.
- Only use the tissue once. Throw it away immediately after use. Wash your hands right after.

For more information about coronavirus, visit the [Dutch Government website](#). For questions regarding self-isolation, contact your GP or local health authorities. Replies to this email will not be answered.

With kind regards,

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Dutch focal point infectious diseases,

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