



Outbreak protocol for management of contacts of COVID-19 positive cases

Name document	Outbreak protocol for management of contacts of COVID-19 positive cases
Prepared by	Department of Public Health
Version	1.0
Status	Definitive
Date last version	August 9 th 2020
Target group	Health care providers and the Aruban community

Preface

Taking into consideration the high number of confirmed covid-19 cases on Aruba, the previous quarantine protocol for contacts of covid-19 positive cases has been adapted in order to prevent disruption on the Aruban community. This adapted version is presented below.

Protocol for contacts

Partner and adult housemates of covid-19 positive case (15+)

- 14 days quarantine of which:
 - compulsory quarantine for the first 7 days¹ followed by
 - additional recommended self-quarantine period of 7 days²
- Monitor symptoms during the 14 days
- At appearance of the slightest symptoms, stay home and contact general physician for testing.

Partner and adult housemates of covid-19 positive case who are retired (65+)

- 14 days compulsory quarantine
- Monitor symptoms during the 14 days
- At appearance of the slightest symptoms, stay home and contact general physician for testing.

¹ Compulsory: indicated by the Department of Public Health. During this compulsory quarantine period of 7 days, spot checks will be conducted by the Department of Public Health team and person can be fined in case of noncompliance. These first 7 days will be covered the SvB.

² Quarantine on own responsibility. These days are not covered by SvB. During these days, work is allowed, but if opted for, wearing a mouth mask is mandatory and social distance and hand hygiene must be strictly applied.



All other contacts

- Monitor symptoms for 14 days after last contact with covid-19 positive case.
- These contacts can start working as long as there are no symptoms. Wearing a mouth mask is mandatory and social distance and hand hygiene must be strictly applied.
- At appearance of the slightest symptoms, stay home and contact general physician for testing.

Rules and conditions for safe and effective quarantine

- Those who are in mandatory quarantine must be placed in adequately ventilated, spacious single rooms with hand hygiene and toilet facilities.
- If single rooms are not available, beds should be placed at least 1 meter apart and a distance of at least 1 meter should be maintained from other household members at all times. NOTE: Adequate air ventilation is essential.
- Social distancing and hand and respiratory hygiene should be strictly adhered to at all times
- Minimize the use of shared spaces and cutlery
- Ensure that shared spaces such as the kitchen and bathroom are well ventilated
- Persons sharing a household with someone in mandatory quarantine may leave the house as long they adhere to the above-mentioned rules and the requirements.

- Provision of food and, if applicable, appropriate medical treatment for existing conditions for person in quarantine must be guaranteed.
- Older persons and those with comorbid conditions require special attention because of their increased risk for severe COVID-19.

Follow-up and control procedure for quarantined persons

- Follow-up of persons who are quarantined is conducted for the duration of the quarantine period. This is done by phone and includes monitoring of symptoms.
- Any person in quarantine who develops the slightest symptom at any point during the quarantine period is treated and managed as a suspected case of COVID-19 and will be referred for testing.
- In addition to the follow-up by phone, there is a Task Force in charge of the control of persons in quarantine. In the case of violation, a fine will be imposed.