



Information sheet for detainees

Infected with coronavirus - what does it mean to you?

30-3-2020

You have been tested positive for the coronavirus. You can infect others with this virus. We want to prevent that. In this information sheet you can read what happens as long as you are contagious.

How does contamination work?

If you talk, cough, or sneeze, tiny droplets of the coronavirus may enter the air. Others can inhale these droplets through the nose or mouth and become infected as a result. The virus can also get to your hands by wiping your nose or mouth. The virus then reaches the doorknob, light buttons and the tap via your hands.

What does it mean for you?

As long as you are contagious, you will remain alone in the cell and may leave it very limited. As few people as possible will enter your cell. This way we prevent others in the institution from becoming infected.

Daily activities

- We will discuss with you how you can keep in touch with your lawyer, family and acquaintances.
- The day schedule will be discussed with you such as activities in the cell and exercising outside.
- A nurse will keep in touch with you about your health.



What can you do yourself?

- Try to keep 1.5 meters away from others.
- Wash your hands regularly with soap and water.
- Cough and sneeze into the inside of your elbow or a piece of toilet paper.
- Wash your hands with soap and water after coughing or sneezing.
- Do not shake hands when greeting.

What to do when others enter your cell?

- People entering your cell wear a mask and gloves (sometimes including glasses and apron) to protect themselves against the virus.
- You must keep 1,5 meter away from the person in your cell.

What to do when you leave your cell?

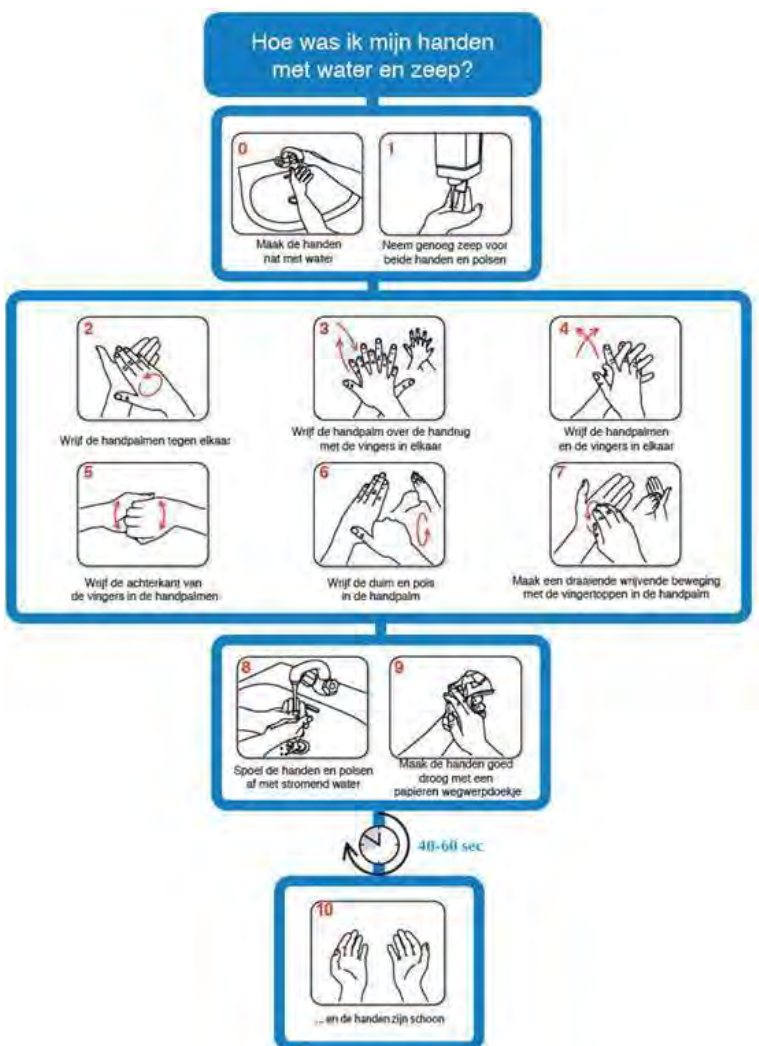
- Put on a mask before leaving your cell. You will receive this special mask from the employees in the institution.
- You must keep 1,5 meter away from other people.
- You may remove the mask when you are in the open air but you must keep 1,5 meter away from other people.

How to clean your cell?

- First of all, put on gloves.
- Clean everything even more thoroughly with normal cleaning products.
- Start with the least dirty surfaces and finish with the toilet.
- Then, clean things you often touch with a chlorine solution that you get from the ward staff. You can use the same cloth for this.
- Things you touch a lot are a water tap, bedside tables, table, desk, doorknobs and light switches.
- When you're done, throw the cleaning cloth into the laundry bag.
- Take off the gloves and throw them in the waste bag.
- After that, wash your hands with soap and water.

Do you have questions?

If you have any questions about the corona virus, you can ask them during the contact moments with the employees of the institution. Outside of those contact moments, your questions will be answered as much as possible via the intercom.



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