



## Information sheet for detainees

# Coronavirus - what can you do?

30-3-2020

### What does DJI do?

DJI has taken measures to prevent the spread of the coronavirus in the institution as much as possible. The management and medical service have been informed about what to do and how to protect people in the institution.

### What if someone has complaints that fit the coronavirus?

Not everyone gets sick from the coronavirus. People who do get sick can have complaints of the common cold, cough, shortness of breath and fever. Most people recover quickly, but some become seriously ill. If a detainee gets infected with the coronavirus, he/she will be placed in a single person cell until he/she has no complaints for 24 hours. The cellmates of an infected detainee will be checked every day for 14 days for complaints of flu, cough or fever. The other contacts have to keep an eye on whether they get complaints of flu, cough or fever, just like all Dutch people.

### What can you do to prevent infection?

- Try to keep 1.5 meters away from others.
- Wash your hands regularly with soap and water.
- Cough and sneeze into the inside of your elbow or a piece of toilet paper.
- Wash your hands with soap and water after coughing or sneezing.
- Do not shake hands when greeting.



### What is important to tell if you have been in an institution for less than 2 weeks?

If you have had contact with a housemate who has been found to be infected with the coronavirus in the recent 2 weeks, report this to the ward staff as soon as possible. The medical service will then check whether measures are necessary. If contact with your housemate was more than two weeks ago, you will no longer get sick from this contact.

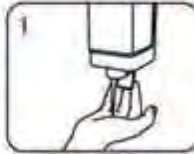
### Do you have questions?

If you have any questions about the coronavirus, you can ask the ward staff.

## Hoe was ik mijn handen met water en zeep?



0  
Maak de handen nat met water



1  
Neem genoeg zeep voor beide handen en polsen



2  
Wrijf de handpalmen tegen elkaar



3  
Wrijf de handpalm over de handrug met de vingers in elkaar



4  
Wrijf de handpalmen en de vingers in elkaar



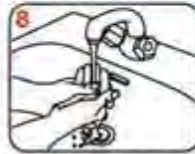
5  
Wrijf de achterkant van de vingers in de handpalmen



6  
Wrijf de duim en pols in de handpalm



7  
Maak een draaiende wrijvende beweging met de vingertoppen in de handpalm



8  
Spoel de handen en polsen af met stromend water



9  
Maak de handen goed droog met een papieren wegwerpdoekje



40-60 sec



10  
... en de handen zijn schoon

### Colophon

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